

Nebraska DHHS Division of Behavioral Health Prevention Advisory Council

September 30, 2014

1:00 p.m. to 4:30 p.m.

Pioneer's Park Nature Center

Meeting Summary

Council Members Present:

Ms. Renee Faber, Ms. Megan Hopkins, Ms. Patti Jurjevich, Ms. Tricia Kingsley, Ms. Linda Krutz, Ms. Judy Martin, Ms. Faith Mills, and Mr. Fred Zwonechek

Meeting Participants:

Dr. Scot Adams, Ms. Susan Adams, Ms. Debrenee Adkisson, Ms. Mindy Anderson-Knott, Mr. Jeff Armitage, Ms. Carol Coussons De Reyes, Ms. Stefanie Creech-Will, Ms. Sheri Dawson, Mr. David DeVries, Ms. Tiffany Gressley, Ms. Megan Hopkins, Ms. Kerry Huber, Ms. Carly Iwanski, Ms. Betty Medinger, Ms. Faith Mills, Ms. Sandy Morrissey, Ms. Jennifer Rutt, Ms. Michelle Schultz, Ms. Shannon Sell, Mr. Blaine Shaffer, Mr. Scott Stemper, Ms. Teri Vosicky, and Ms. Jillian Waggoner

Welcome and Introductions

Dr. Scot Adams, Division of Behavioral Health

Nikki Roseberry, Division of Behavioral Health

- Ms. Roseberry, Council Facilitator, called the meeting to order and welcomed members and others present to the meeting.
- Dr. Adams, Director, distributed and reviewed the summary of SAMHSA's 2015-2018 Strategic Initiatives, in which prevention ranks high.
- Dr. Adams presented Mr. Fred Zwonechek, Nebraska Office of Highway Safety the DBH Recovery Chip - Directors Coin in recognition of his contribution to the prevention field and helping to promote recovery from a behavioral health disorder.
- Dr. Adams entertains suggestions for recognition through discussion and encouraged members to let Renee or Sue know of any positive examples.

Update on Partnerships for Success

Renee Faber, Division of Behavioral Health

- Ms. Faber, Prevention System Coordinator, provided a recap of the site visit for the grant that occurred earlier in the month.
- Ms. Faber highlighted the strengths of the Partnership for Success grant as observed by the Project Officer, then detailed the challenges noted in the draft report.
- The council and audience members were asked to discuss and make suggestions for prioritization of the challenges noted in the report.
- Prioritization recommendations included:
 - The Nebraska Information Reporting System and the need for continued growth with use of this system, including more opportunities for users to pilot the future enhancements
 - Holding formal peer sharing events for community groups to share challenges
 - Tracking participation at training events and in relation to core competencies
- Director Adams recommended focusing on 1 or 2 items.

Mental Health Promotion

Nikki Roseberry, Division of Behavioral Health

- Ms. Nikki Roseberry discussed opportunities for aligning mental health promotion and substance abuse prevention.
- Ms. Roseberry spoke about emerging programs that are evidence-based for both mental health promotion and substance abuse prevention, including the RULER program out of Yale's Emotional Intelligence Institute.
- Ms. Roseberry asked the group to consider if having a standardized list of EBPs to be undertaken statewide would be better or worse than the current strategy of allowing each community group to analyze data and make decisions about EBPs independently.
 - Many council members expressed opinions on both sides of the issue.
 - The council will continue to consider this matter and it will be revisited in future meetings.

Action Planning

Nikki Roseberry, Division of Behavioral Health

- Ms. Nikki Roseberry, Division of Behavioral Health, distributed and reviewed the action plan created at the last meeting.
- The group was asked to provide any feedback on the following items based on the plan distributed:
 - What should be standing agenda items?
 - What do you think is important for this group to accomplish?
 - What types of projects should be taken on? Assigned to workgroups?
 - What would you like to see moving forward with prevention statewide?
- The action plan was accepted by the council.

Marijuana in Nebraska

David DeVries, Division of Behavioral Health

Nikki Roseberry, Division of Behavioral Health

- Mr. David DeVries, Division of Behavioral Health, spoke about the current statistics available relating to the impact of marijuana in Nebraska.
- Ms. Nikki Roseberry, Division of Behavioral Health, reported on the current legislative movements across the nation and the current state of legislation in different states.
- The group discussed concerns and thoughts on marijuana and the council's role moving forward

Joint Advisory Committee Update

Patti Jurjevich, Region 6 Behavioral Healthcare

- Ms. Patti Jurjevich, Region 6 Behavioral Healthcare provided an update from the Mental Health and Substance Abuse Advisory.
- Both Committees requested that the council track legislation or movement on marijuana regulation as well as synthetic drugs and report back to the committees.
- The council recommended that tracking be assigned to a workgroup and a standing agenda item.

Workgroups

Nikki Roseberry, Division of Behavioral Health

- Policy, Workforce Development and Statewide Epidemiological Outcomes Workgroups are currently written into the Prevention Advisory Council's charter.
- Other workgroups that were proposed during action planning included:
 - Marijuana
 - Youth/College-aged
 - Rural Communities

- The Nebraska SEOW is already in force and will continue under DBH leadership. The process for identifying leadership and recruitment of the Policy and Workforce Development Workgroups has just begun. Creating additional workgroups would require more commitment for human resources than is currently represented.
- The Council concluded that it is higher priority to begin the Policy and Workforce Development Workgroups and that additional workgroups could be explored later.

Next Steps

- The group voted on preferences for day and time for quarterly meetings of the Prevention Advisory Council. The majority opted to hold the meetings from 9am to noon on the third Wednesday of the month prior to the joint mental health and substance abuse advisory committee meeting
- Begin recruitment for workgroups.
- Bring in stakeholders, invite partners, grow membership and diversity of attendees.

Focus Group

Mindy Anderson-Knott, UNL – Bureau of Sociological Research
Jenn Rutt, UNL – Bureau of Sociological Research

- The Partnership for Success evaluation team lead a closed discussion with a selected group of individuals to gain information about their views and experiences regarding first year of the PFS grant.